



2006-2007 BANTAM CONTACT & PERFORMANCE
July 13-17, 2020



NOTES: Schedules subject to change

SOEC = South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)

MONDAY - FRIDAY

DAY	START	END	ACTIVITY	LOCATION
Monday	7:45 AM	8:15 AM	Check In	Plaza
Mon-Fri	8:25 AM	8:55 AM	Prep for ice	Dressing Room
Mon-Fri	8:55 AM	10:10 AM	Ice Session	OHTC
Mon-Fri	10:20 AM	10:35 AM	Snack	Cafeteria
Mon-Fri	10:45 AM	11:45 PM	Strength and Cond	Gym
Mon-Fri	12:00 PM	12:30 PM	Meal	Cafeteria
Mon-Fri	12:45 PM	1:10 PM	Prep for ice	Dressing Room
Mon-Fri	1:10 PM	2:25 PM	Ice Session	OHTC
Mon-Fri	2:45 PM	3:45 PM	Skills	Curling Rink

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



PENTICTON. DILWORTH CENTRE.

