



2009-2010 SKILLS DEVELOPMENT CAMP SKATER JULY 14 - 19, 2019



NOTES: Schedules subject to change

SOEC = South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)

Last ice time on Friday will be a game

SUNDAY

START	END	ACTIVITY	LOCATION
10:00 AM	10:30 AM	Registration	OHTC Plaza
10:30 AM	11:00 AM	Roll Call / Move Bags	OHTC Plaza
11:00 AM	11:30 AM	Welcome Assembly	OHTC
11:45 AM	12:15 PM	Meal	Cafeteria
12:15 PM	12:45 PM	Campus Tour	TBD
12:55 PM	1:25 PM	Prep for ice	Dressing Room
1:25 PM	2:25 PM	Ice Session	Memorial

MONDAY - THURSDAY

START	END	ACTIVITY	LOCATION
7:15 AM	7:45 AM	Prep for ice	Dressing Room
7:45 AM	9:00 AM	Ice Session	Memorial
9:15 AM	9:30 AM	Snack	Dressing Room
9:35 AM	10:20 AM	Dryland	Field
10:30 AM	11:15 AM	Skills	Curling Rink
11:15 AM	11:45 AM	Meal	Cafeteria
11:45 AM	12:15 PM	Prep for ice	Dressing Room
12:15 PM	1:30 PM	Ice Session	Memorial

FRIDAY

6:30 AM	7:00 AM	Prep for Ice	Dressing Room
7:00 AM	8:15 AM	Ice Session	Memorial
8:30 AM	9:15 AM	Activity	TBD
9:15 AM	9:30 AM	Snack	Dressing Room
9:45 AM	10:30 AM	Dryland	Field
10:45 AM	11:30 AM	Skills	Curling Rink
11:40 AM	12:10 PM	Meal	Cafeteria
12:25 PM	12:55 PM	Prep for Ice	Dressing Room
12:55 PM	2:10 PM	Ice Session	Memorial

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



PENTICTON. DILWORTH CENTRE.

