



2020 HOCKEY CANADA 2003-2005 GOALIE CAMP

NOTES: Schedules subject to change

SOEC - Stands for South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2)

MONDAY - FRIDAY

DAY	START	END	ACTIVITY	LOCATION
Monday	9:00 AM	9:30 AM	Check In	Plaza
Mon-Fri	9:35 AM	9:40 AM	Meet at Dressing Rm	Dressing Room
Mon-Fri	9:45 AM	10:45 AM	Dryland	Gym
Mon-Fri	10:50 AM	11:20 AM	Prep for ice	Dressing Room
Mon-Fri	11:20 AM	12:50 PM	Ice Session	SOEC
Mon-Fri	1:00 PM	1:30 PM	Meal	Cafeteria
Mon-Fri	1:30 PM	2:30 PM	Yoga	Bodies on Power
Mon-Fri	2:45 PM	3:30 PM	Activity/Lecture	TBD
Mon-Fri	3:30 PM	3:45 PM	Snack	Cafeteria
Mon-Fri	3:50 PM	4:20 PM	Prep for ice	Dressing Room
Mon-Fri	4:20 PM	5:50 PM	Ice Session	SOEC

RULES AND REGULATIONS:

1. Have fun and enjoy playing and learning the coolest sport on earth - Hockey!
2. **Do Not** leave valuables in the Dressing Room - OHG is not responsible for lost or stolen items.
3. **Do Not** take or use other students' equipment or belongings.
4. The 'harassing', 'picking on', or 'bullying' of other students - Will Not be Tolerated