

OKANAGAN HOCKEY CAMPS - KELOWNA



**11 - 12 BATTLE AND COMPETE SKATER
AUGUST 4 - 9, 2019**



NOTES: SCHEDULE SUBJECT TO CHANGE

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

SUNDAY

Start	End	Activity	Location
10:45 AM	11:15 AM	Register	CNC Lobby
11:15 AM	11:45 AM	Welcome	Mini Rink
11:45 AM	12:15 PM	Prep For Ice	Dressing Room
12:15 PM	1:15 PM	Ice Session	CNC 1

MONDAY - FRIDAY

Start	End	Activity	Location
9:30 AM	10:00 AM	Prep For Ice	Dressing Room
10:00 AM	11:15 AM	Ice Session	CNC 2
11:15 AM	11:30 AM	Change	Dressing Room
11:30 AM	12:30 PM	Skills	Field 2
12:30 PM	1:00 PM	Lunch	Mini Rink
1:00 PM	3:00 PM	Dryland/Activity	Field 1
3:00 PM	3:15 PM	Snack	Lobby
3:15 PM	3:45 PM	Prep For Ice	Dressing Room
3:45 PM	5:00 PM	Ice Session	CNC 2

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated