

OKANAGAN HOCKEY CAMPS - KELOWNA



9 - 10 Skill Development SKATER
AUGUST 4 - 9, 2019



NOTES: SCHEDULE SUBJECT TO CHANGE

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

SUNDAY

Start	End	Activity	Location
10:45 AM	11:15 AM	Register	CNC Lobby
11:15 AM	11:45 AM	Welcome	Mini Rink
12:00 PM	12:30 PM	Prep For Ice	Dressing Room
12:30 PM	1:30 PM	Ice Session	CNC 2

MONDAY - FRIDAY

Start	End	Activity	Location
8:00 AM	8:30 AM	Prep For Ice	Dressing Room
8:30 AM	9:45 AM	Ice Session	CNC 2
9:45 AM	10:00 AM	Change	Dressing Room
10:00 AM	11:00 AM	Skills	Field 2
11:00 AM	11:15 AM	Snack	Lobby
11:15 AM	12:15 PM	Dryland	Field 1
12:15 PM	12:45 PM	Lunch	Mini Rink
12:45 PM	1:45 PM	Activity	Field 1
1:45 PM	2:15 PM	Prep For Ice	Dressing Room
2:15 PM	3:30 PM	Ice Session	CNC 2

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated