



**Edmonton Oilers Hockey School Session 2**  
**9-10 Power/Battle Skaters**  
**July 21 - July 26, 2019**

**NOTES:** Schedules subject to change

**FACILITY:** St. Albert Servus Centre.

400 Campbell Rd. St. Albert. AB T8N 0R8

**SUNDAY – Dressing Rooms Mark Messier 3 & 4**

| START    | END      | ACTIVITY        | LOCATION               |
|----------|----------|-----------------|------------------------|
| 10:00 AM | 10:30 AM | Registration    | Tudor Glen Field House |
| 10:30 AM | 10:45 AM | Welcome         | Sarasota Field House   |
| 10:45 AM | 11:15 AM | Prepare for Ice | Dressing Room          |
| 11:15 AM | 12:15 PM | Ice Session     | Mark Messier Arena     |

If the drop off and pick up times conflict with your schedule please  
 Contact the OHG Coordinator Sean Beissel 780.903.1515 to discuss a  
 potential solution

**MONDAY – FRIDAY**

**Dressing Rooms Mark Messier 3 & 4**

| START    | END      | ACTIVITY         | LOCATION                                     |
|----------|----------|------------------|--|
| 9:15 AM  |          | Check – In       | Dressing Room                                |
| 9:15 AM  | 9:45 AM  | Prepare for Ice  | Dressing Room                                |
| 9:45 AM  | 11:00 AM | Ice Session      | Mark Messier Arena                           |
| 11:00 AM | 11:30 AM | Change / Snack   | Dressing Room                                |
| 11:30 AM | 12:15 PM | Dryland          | Go Auto Arena                                |
| 12:15 PM | 1:00 PM  | Off-Ice Activity | Reliance Community/Tudor<br>Glen Field House |
| 1:15 PM  | 1:45 PM  | Meal             | Skybox Grill                                 |
| 1:45 PM  | 2:15 PM  | Prepare for Ice  | Dressing Room                                |
| 2:15 PM  | 3:30 PM  | Ice Session      | Mark Messier Arena                           |
| 3:30 PM  | 3:45 PM  | Change           | Dressing Room                                |
| 3:45 PM  | 4:30 PM  | Dryland          | Go Auto Arena                                |
| 4:30 PM  |          | Check - Out      | Dressing Room                                |

**RULES AND REGULATIONS:**

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHG is not responsible for lost or stolen items.
- #3 Rule-Do not take or use other student's equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellor's permission