



2006 - 2007 Skating and Skills Camp DECEMBER 27-29, 2018



LOCATION: Flames Community Arenas 2390 47th Ave SW Calgary, AB

NOTES: Schedules subject to change

THURSDAY

START	END	ACTIVITY	LOCATION
6:30 AM	6:45 AM	Check in	Lobby
6:45 AM	7:00 AM	Welcome	Lounge
7:00 AM	7:30 AM	Prep for Ice	Dressing Room
7:30 AM	8:45 AM	QS Ice Session	Red Arena
9:00 AM	9:15 AM	Nutrition	Lounge
9:15 AM	10:00 AM	Activity	TBD
10:00 AM	10:30 AM	Prep for Ice	Dressing Room
10:30 AM	11:45 AM	Skills Session	Red Arena
12:00 PM		Pick Up	

FRIDAY-SATURDAY

START	END	ACTIVITY	LOCATION
7:00 AM	7:30 AM	Prep for Ice	Dressing Room
7:30 AM	8:45 AM	QS Ice Session	Red Arena
9:00 AM	9:15 AM	Nutrition	Lounge
9:15 AM	10:00 AM	Activity	TBD
10:00 AM	10:30 AM	Prep for Ice	Dressing Room
10:30 AM	11:45 AM	Skills Session	Red Arena
12:00 PM		Pick Up	

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



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