



**Edmonton Oilers Hockey School Session 4
9 – 10 Performance Skaters
August 4 – August 9, 2019**

NOTES: Schedules subject to change

FACILITY: St. Albert Servus Centre.

400 Campbell Rd. St. Albert. AB T8N 0R8

SUNDAY – Dressing Rooms Troy Murray 3 & 4

START	END	ACTIVITY	LOCATION
8:45 AM	9:15 AM	Registration	Tudor Glen Field House
9:15 AM	9:30 AM	Welcome	Sarasota Field House
9:30 AM	9:45 AM	Team Building Activity	Dressing Room
9:45 AM	10:15 AM	Prepare for Ice	Dressing Room
10:15 AM	11:15 AM	Ice Session	Troy Murray Arena

If the drop off and pick up times conflict with your schedule please
Contact the OHG Coordinator Sean Beissel 780.903.1515 to discuss a
potential solution

MONDAY – FRIDAY

Dressing Rooms Troy Murray 3 & 4

START	END	ACTIVITY	LOCATION
9:00 AM		Check – In	Dressing Room
9:00 AM	9:30 AM	Prepare for Ice	Dressing Room
9:30 AM	10:45 AM	Ice Session	Troy Murray Arena
10:45 AM	11:00 AM	Change/Snack	Dressing Room
11:00 AM	11:45 AM	Off-Ice Activity	Reliance Community/Tudor Glen Field House
12:00 PM	1:00 PM	Skills	Tudor Glen Field House
1:00 PM	1:30 PM	Meal	Skybox Grill
1:30 PM	2:00 PM	Prepare for Ice	Dressing Room
2:00 PM	3:15 PM	Ice Session	Troy Murray Arena
3:15 PM	3:30 PM	Change	Dressing Room
3:30 PM	4:30 PM	Dryland	Tudor Glen Field House
4:30 PM		Check - Out	Dressing Room

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHG is not responsible for lost or stolen items.
- #3 Rule-Do not take or use other student's equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellor's permission