

OKANAGAN HOCKEY CAMPS - KELOWNA



9 - 15 Specialized Goalie
JULY 28 - AUGUST 2, 2019



NOTES: SCHEDULE SUBJECT TO CHANGE

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

SUNDAY

Start	End	Activity	Location
9:45 AM	10:15 AM	Register	CNC Lobby
10:15 AM	10:45 AM	Welcome	Mini Rink
10:45 AM	11:15 AM	Prep For Ice	CNC 2
11:15 AM	12:15 PM	Ice Session	CNC 2

MONDAY - FRIDAY

Start	End	Activity	Location
12:00 PM	1:00 PM	Dryland	Field 1
1:00 PM	2:00 PM	Yoga	Field 1
2:00 PM	2:30 PM	Lunch	Mini Rink
2:30 PM	3:30 PM	Activity	Field 1
3:30 PM	4:00 PM	Prep For Ice	CNC 2
4:00 PM	5:15 PM	Ice Session	CNC 2
5:15 PM	5:30 PM	Snack	Dressing Room
5:30 PM	6:45 PM	Ice Session	CNC 1

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission