



**Edmonton Oilers Hockey School Session 1
13-15 Defence Skaters
July 14 - July 19, 2019**

NOTES: Schedules subject to change

FACILITY: St. Albert Servus Centre.

400 Campbell Rd. St. Albert. AB T8N 0R8

SUNDAY – Dressing Rooms Go Auto Arena 1 & 4

START	END	ACTIVITY	LOCATION
10:00 AM	10:30 AM	Registration	Tudor Glen Field House
10:30 AM	10:45 AM	Welcome	Sarasota Field House
10:45 AM	11:00 AM	Team Building Activity	Dressing Room
11:00 AM	11:30 AM	Prepare for Ice	Dressing Room
11:30 AM	12:30 PM	Ice Session	Troy Murray Arena

**If the drop off and pick up times conflict with your schedule please
Contact the OHG Coordinator Sean Beissel 780.903.1515 to discuss a
potential solution**

MONDAY – FRIDAY

Dressing Rooms Go Auto Arena 1 & 4

START	END	ACTIVITY	LOCATION
9:15 AM		Check – In	Dressing Room
9:30 AM	10:30 AM	Dryland	Go Auto Arena
10:30 AM	11:00 AM	Prepare for Ice	Dressing Room
11:00 AM	12:15 PM	Ice Session	Troy Murray Arena
12:15 PM	12:30 PM	Change	Dressing Room
12:30 PM	1:00 PM	Meal	Skybox Grill
1:00 PM	1:45 PM	Off-Ice Activity	Reliance Community/Tudor Glen Field House
2:00 PM	3:00 PM	Skills	Go Auto Arena
3:00 PM	3:30 PM	Prepare for Ice / Snack	Dressing Room
3:30 PM	4:45 PM	Ice Session	Troy Murray Arena
4:45 PM		Check – Out	Dressing Room

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHG is not responsible for lost or stolen items.
- #3 Rule-Do not take or use other student's equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellor's permission