



2009-2010 SKILLS DEVELOPMENT CAMP SKATER AUGUST 4 - 9, 2019



NOTES: Schedules subject to change

SOEC = South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)

Last ice time on Friday will be a game

SUNDAY

| START | END | ACTIVITY | LOCATION |
|----------|----------|---------------------|---------------|
| 10:00 AM | 10:30 AM | Registration | OHTC Plaza |
| 10:30 AM | 11:00 AM | Roll Call/Move Bags | OHTC Plaza |
| 11:00 AM | 11:30 AM | Assembly | OHTC |
| 11:45 AM | 12:10 PM | Campus Tour | TBD |
| 12:10 PM | 12:40 PM | Meal | Cafeteria |
| 12:55 PM | 1:25 PM | Prep for ice | Dressing Room |
| 1:25 PM | 2:25 PM | Ice Session | Memorial |

MONDAY - FRIDAY

| START | END | ACTIVITY | LOCATION |
|----------|----------|--------------|---------------|
| 7:15 AM | 7:45 AM | Prep For Ice | Dressing Room |
| 7:45 AM | 9:00 AM | Ice Session | Memorial |
| 9:20 AM | 9:40 AM | Snack | Cafeteria |
| 10:00 AM | 10:45 AM | Skills | Curling Rink |
| 11:00 AM | 11:30 AM | Meal | Cafeteria |
| 11:45 AM | 12:15 PM | Prep For Ice | Dressing Room |
| 12:15 PM | 1:30 PM | Ice Session | Memorial |
| 2:00 PM | 2:45 PM | Dryland | Field |

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



PENTICTON. DILWORTH CENTRE.

