



9-10 ADV. SKILLS AND CONDITIONING SKATER SCHEDULE



JULY 29 - AUGUST 3, 2018

NOTES: Schedules subject to change

SOEC = South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)

SUNDAY

START	END	ACTIVITY	LOCATION
9:00 AM	11:15 AM	Trade Show	Plaza
10:00 AM	10:45 AM	Register	Plaza
11:00 AM	11:15 AM	Roll Call/Move Bags	Plaza
11:30 AM	12:00 PM	Assembly	OHTC
12:00 PM	12:30 PM	Prep for ice	Dressing Room
12:30 PM	1:30 PM	Ice Session	OHTC

MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
8:10 AM	8:40 AM	Prep for ice	Dressing Room
8:40 AM	9:55 AM	Ice Session	OHTC
10:10 AM	10:25 AM	Snack	Cafeteria
10:30 AM	11:15 AM	Skills	Curling Rink
11:15 AM	11:50 AM	Activity	TBD
11:55 AM	12:25 PM	Meal	Cafeteria
12:25 PM	12:55 PM	Prep for ice	Dressing Room
12:55 PM	2:10 PM	Ice Session	OHTC
2:30 PM	3:15 PM	Dryland	Field

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



PENTICTON. DILWORTH CENTRE.



FOLLOW US ON SOCIAL MEDIA THIS WEEK,
FOR A CHANCE TO WIN
FREE OHG SWAG!
@OKANAGANHOCKEY