



11-12 ADVANCED SKILLS & CONDITIONING SKATER SCHEDULE JULY 29 - AUGUST 3, 2018



NOTES: Schedules subject to change
Last ice time on Friday will be a game

SUNDAY

START	END	ACTIVITY	LOCATION
12:15 PM	12:45 PM	CHECK-IN	MAIN ENTRANCE
12:45 PM	1:00 PM	ORIENTATION	LOUNGE
1:00 PM	1:30 PM	PREP FOR ICE	DRESSING ROOM
1:30 PM	2:30 PM	ICE SESSION	RED RINK

MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
8:45 AM	9:15 AM	PREP FOR ICE	DRESSING ROOM
9:30 AM	10:45 AM	ICE SESSION	RED RINK
11:15 AM	11:30 AM	SNACK	CAFETERIA
11:45 AM	12:30 PM	SKILLS	CURLING RINK
12:45 PM	1:15 PM	LUNCH	CAFETERIA
1:30 PM	2:15 PM	DRYLAND	FIELD
2:25 PM	2:55 PM	OFF ICE ACTIVITY	FIELD
3:00 PM	3:30 PM	PREP FOR ICE	DRESSING ROOM
3:30 PM	4:45 PM	ICE SESSION	RED RINK

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission

