



## 2004-2010 SPECIALIZED GOALIE ONLY CAMP JULY 14-19, 2019



**Notes:** Schedules subject to change  
 Flames Community Arenas  
 2390 47 Ave SW, Calgary, AB  
 Last ice time on Friday will be a game

### SUNDAY

START	END	ACTIVITY	LOCATION
2:30 PM	3:30 PM	CHECK-IN	LOBBY
3:30 PM	3:45 PM	ORIENTATION	LOUNGE
3:45 PM	4:15 PM	PREP FOR ICE	DRESSING ROOM
4:15 PM	5:15 PM	ICE SESSION	GOLD RINK

### MONDAY-FRIDAY

START	END	ACTIVITY	LOCATION
7:30 AM	8:00 AM	PREP FOR ICE	DRESSING ROOM
8:00 AM	9:15 AM	ICE SESSION	GOLD RINK
9:45 AM	10:30 AM	SKILLS	SKILLS CENTER
10:40 AM	11:10 AM	MEAL	LOUNGE
11:15 AM	12:00 PM	OFF ICE ACTIVITY	TBD
12:00 PM	12:30 PM	PREP FOR ICE	DRESSING ROOM
12:30 PM	1:45 PM	ICE SESSION	GOLD RINK
2:00 PM	2:15 PM	SNACK	TBD
2:30 PM	3:15 PM	Dryland	FIELD

If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution.

#### RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission
- #6 Players are required to bring their own food and water bottles