



**2009-2010 SKILL DEVELOPMENT CAMP SKATER & GOALIE
JULY 14-19, 2019**



Notes: Schedules subject to change
Flames Community Arenas
2390 47 Ave SW, Calgary, AB
Last ice time on Friday will be a game

SUNDAY

START	END	ACTIVITY	LOCATION
12:15 PM	12:45 PM	CHECK-IN	LOBBY
12:45 PM	1:00 PM	ORIENTATION	LOUNGE
1:00 PM	1:30 PM	PREP FOR ICE	DRESSING ROOM
1:30 PM	2:30 PM	ICE SESSION	BLUE RINK

MONDAY-FRIDAY

START	END	ACTIVITY	LOCATION
7:15 AM	7:45 AM	PREP FOR ICE	DRESSING ROOM
7:45 AM	9:00 AM	ICE SESSION	BLUE RINK
9:30 AM	10:15 AM	Dryland	FIELD
10:20 AM	10:45 AM	MEAL	LOUNGE
11:00 AM	11:45 AM	SKILLS	SKILLS CENTER
11:45 AM	12:15 PM	PREP FOR ICE	DRESSING ROOM
12:15 PM	1:30 PM	ICE SESSION (Blue)	BLUE RINK
1:50 PM	2:10 PM	SNACK	TBD
2:15 PM	3:00 PM	OFF-ICE ACTIVITY	TBD

If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution.

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission
- #6 Players are required to bring their own food and water bottles