



13-15 DEFENCEMAN GOALIE SCHEDULE

JULY 15 - 20, 2018



NOTES: Schedules subject to change

SOEC = South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)

SUNDAY

START	END	ACTIVITY	LOCATION
10:00 AM	10:45 AM	Register/Expo	Plaza
11:00 AM	11:15 AM	Roll Call/Move Bags	Plaza
11:30 AM	12:00 PM	Assembly	OHTC
12:10 PM	12:40 PM	Prep for ice	Dressing Room
12:40 PM	1:40 AM	Ice Session	SOEC

MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
7:15 AM	7:45 AM	Prep for ice	Dressing Room
7:45 AM	8:45 AM	Ice Session	OHTC
9:05 AM	9:10 AM	Meet at Dressing Rm	Dressing Room
9:15 AM	10:00 AM	Skills	Curling Rink
10:05 AM	10:20 AM	Snack	Cafeteria
10:20 AM	10:50 AM	Prep for ice	Dressing Room
10:50 AM	12:05 PM	Ice Session	SOEC
12:20 PM	12:50 PM	Meal	Cafeteria
1:00 PM	1:45 PM	Activity	Field
1:45 PM	2:45 PM	Dryland	Gym
2:50 PM	3:20 PM	Prep for ice	Dressing Room
3:20 PM	4:35 PM	Ice Session	SOEC



PENTICTON. DILWORTH CENTRE.

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



FOLLOW US ON SOCIAL MEDIA THIS WEEK,
FOR A CHANCE TO WIN
FREE OHG SWAG!
@OKANAGANHOCKEY