



11-12 ADVANCED SKILLS & CONDITIONING GOALIE SCHEDULE



JULY 29 - AUGUST 3, 2018

NOTES: Schedules subject to change

Last ice time on Friday will be a game

SUNDAY

START	END	ACTIVITY	LOCATION
2:45 PM	3:15 PM	CHECK-IN	MAIN ENTRANCE
3:15 PM	3:30 PM	ORIENTATION	LOUNGE
3:30 PM	4:00 PM	PREP FOR ICE	DRESSING ROOM
4:00 PM	5:00 PM	ICE SESSION	BLUE RINK

MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
8:00 AM	8:45 AM	DRYLAND	FIELD
9:00 AM	9:30 AM	PREP FOR ICE	DRESSING ROOM
9:30 AM	10:45 AM	ICE SESSION (RED)	RED RINK
11:15 AM	11:45 AM	LUNCH	CAFETERIA
11:45 AM	12:15 PM	PREP FOR ICE	DRESSING ROOM
12:15 PM	1:30 PM	GOALIE ICE	BLUE RINK
1:55 PM	2:10 PM	SNACK	CAFETERIA
2:15 PM	3:00 PM	SKILLS	CURLING RINK
3:00 PM	3:30 PM	PREP FOR ICE	DRESSING ROOM
3:30 PM	4:45 PM	ICE SESSION (RED)	RED RINK

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission

