



2018 HOCKEY CANADA 11-12 GOALIE CAMP

NOTES: Schedules subject to change

SOEC - Stands for South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2)

SUNDAY

START	END	ACTIVITY	LOCATION
11:30 AM	12:00 PM	Register	OHTC Gym
12:00 PM	12:45 PM	Orientation	OHTC Gym
12:45 PM	1:15 PM	Meal	Cafeteria
1:20 PM	1:50 PM	Prep for ice	Dressing Room
1:50 PM	2:50 PM	Ice Session	SOEC

MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
7:30 AM	8:00 AM	Prep for ice	Dressing Room
8:00 AM	9:30 AM	Ice Session	SOEC
9:45 AM	10:00 AM	Snack	Cafeteria
10:00 AM	11:00 AM	Dryland	Field
11:00 AM	11:30 AM	Meal	Cafeteria
11:30 AM	12:30 PM	Activity/Lecture	TBD
12:30 PM	1:00 PM	Prep for ice	Dressing Room
1:00 PM	2:30 PM	Ice Session	SOEC
2:45 PM	3:45 PM	Yoga	Bodies on Power

Sunday Ice Session will be WHL Combine Testing.

RULES AND REGULATION:

1. Have fun and enjoy playing and learning the coolest sport on earth - Hockey!
2. **Do Not** leave valuables in the Dressing Room - OHG is not responsible for lost or stolen items.
3. **Do Not** take or use other students' equipment or belongings.
4. The 'harassing', 'picking on', or 'bullying' of other students - Will Not be Tolerated