



**Edmonton Oilers Hockey School Session 1  
9-10 Power/Shooters Skaters  
July 14 - July 19, 2019**

**NOTES:** Schedules subject to change

**FACILITY:** St. Albert Servus Centre.

400 Campbell Rd. St. Albert. AB T8N 0R8

**SUNDAY – Dressing Rooms Troy Murray 3 & 4**

| START    | END      | ACTIVITY               | LOCATION               |
|----------|----------|------------------------|------------------------|
| 8:45 AM  | 9:15 AM  | Registration           | Tudor Glen Field House |
| 9:15 AM  | 9:30 AM  | Welcome                | Sarasota Field House   |
| 9:30 AM  | 9:45 AM  | Team Building Activity | Dressing Room          |
| 9:45 AM  | 10:15 AM | Prepare for Ice        | Dressing Room          |
| 10:15 AM | 11:15 AM | Ice Session            | Troy Murray Arena      |

If the drop off and pick up times conflict with your schedule please  
Contact the OHG Coordinator Sean Beissel 780.903.1515 to discuss a  
potential solution

**MONDAY – FRIDAY**

**Dressing Rooms Troy Murray 3 & 4**

| START    | END      | ACTIVITY         | LOCATION                                     |
|----------|----------|------------------|--|
| 9:00 AM  |          | Check – In       | Dressing Room                                |
| 9:00 AM  | 9:30 AM  | Prepare for Ice  | Dressing Room                                |
| 9:30 AM  | 10:45 AM | Ice Session      | Troy Murray Arena                            |
| 10:45 AM | 11:00 AM | Change/Snack     | Dressing Room                                |
| 11:00 AM | 11:45 AM | Off-Ice Activity | Reliance Community/Tudor<br>Glen Field House |
| 12:00 PM | 1:00 PM  | Skills           | Go Auto Arena                                |
| 1:00 PM  | 1:30 PM  | Meal             | Skybox Grill                                 |
| 1:30 PM  | 2:00 PM  | Prepare for Ice  | Dressing Room                                |
| 2:00 PM  | 3:15 PM  | Ice Session      | Troy Murray Arena                            |
| 3:15 PM  | 3:30 PM  | Change           | Dressing Room                                |
| 3:30 PM  | 4:30 PM  | Dryland          | Go Auto Arena                                |
| 4:30 PM  |          | Check - Out      | Dressing Room                                |

**RULES AND REGULATIONS:**

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHG is not responsible for lost or stolen items.
- #3 Rule-Do not take or use other student's equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellor's permission