



## 2018 HOCKEY CANADA 13-14 GOALIE CAMP

NOTES: Schedules subject to change

SOEC - Stands for South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2)

### SUNDAY

START	END	ACTIVITY	LOCATION
11:30 AM	12:00 PM	Register	OHTC Gym
12:00 PM	12:45 PM	Orientation	OHTC Gym
12:45 PM	1:15 PM	Meal	Cafeteria
1:20 PM	1:50 PM	Prep for ice	Dressing Room
1:50 PM	2:50 PM	Ice Session G1	SOEC
3:00 PM	4:00 PM	Ice Session G2	SOEC

or

### MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
9:10 AM	9:40 AM	Prep for ice	Dressing Room
9:40 AM	11:10 AM	Ice Session	SOEC
11:25 AM	11:40 AM	Snack	Cafeteria
11:30 AM	12:30 PM	Activity/Lecture	TBD
12:30 PM	1:00 PM	Meal	Cafeteria
1:15 PM	2:15 PM	Dryland	Gym
2:15 PM	2:40 PM	Prep for ice	Dressing Room
2:40 PM	4:10 PM	Ice Session	SOEC
4:30 PM	5:30 PM	Yoga	Bodies on Power

**Sunday Ice Session will be WHL Combine Testing. The 13-14 group will be split up for this testing. You will be notified at check on of your Sunday schedule.**



#### RULES AND REGULATION:

1. Have fun and enjoy playing and learning the coolest sport on earth - Hockey!
2. **Do Not** leave valuables in the Dressing Room - OHG is not responsible for lost or stolen items.
3. **Do Not** take or use other students' equipment or belongings.
4. The 'harassing', 'picking on', or 'bullying' of other students - Will Not be Tolerated