



## 2007-2008 COMBO PRACTICE GOALIE AUGUST 11 - 16, 2019



**NOTES: Schedules subject to change**

**SOEC = South Okanagan Events Centre**

**OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)**

**Last ice time on Friday will be a game**

### SUNDAY

START	END	ACTIVITY	LOCATION
10:00 AM	10:30 AM	Registration	OHTC Plaza
10:30 AM	11:00 AM	Roll Call Move Bags	OHTC Plaza
11:00 AM	11:30 AM	Welcome Assembly	OHTC
11:45 AM	12:15 PM	Meal	Cafeteria
12:00 PM	12:30 PM	Campus Tour	TBD
12:45 PM	1:45 PM	Skills	Curling Rink
2:00 PM	2:35 PM	Prep for ice	Dressing Room
2:35 PM	3:35 PM	Ice Session	Memorial

### MONDAY-FRIDAY

START	END	ACTIVITY	LOCATION
7:40 AM	7:45 AM	Meet at Dressing Rm	Dressing Room
7:55 AM	8:40 AM	Dryland	Field
8:45 AM	9:15 AM	Prep for ice	Dressing Room
9:15 AM	10:30 AM	Ice Session - Battle	OHTC
10:45 AM	11:00 AM	Snack	Cafeteria
11:15 AM	12:00 PM	Skills	Curling Rink
12:15 PM	12:45 PM	Meal	Cafeteria
1:00 PM	1:00 PM	Join with Power/Shooters Group	
1:00 PM	1:45 PM	Skills	Curling Rink
2:15 PM	2:30 PM	Snack	Cafeteria
2:45 PM	3:15 PM	Prep for ice	Dressing Room
3:15 PM	4:30 PM	Ice Session - shooters	OHTC

**RULES AND REGULATIONS:**

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



PENTICTON. DILWORTH CENTRE.



FOLLOW US ON SOCIAL MEDIA THIS WEEK,  
FOR A CHANCE TO WIN  
FREE OHG SWAG!  
@OKANAGANHOCKEY