



## 2007-2008 DEFENCE CAMP SKATER JULY 7-12, 2019



**NOTES: Schedules subject to change**

**SOEC = South Okanagan Events Centre**

**OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)**

### SUNDAY

START	END	ACTIVITY	LOCATION
10:00 AM	10:30 AM	Registration	OHTC Plaza
10:30 AM	11:00 AM	Roll Call / Move Bags	OHTC Plaza
11:00 AM	11:30 AM	Welcome Assembly	OHTC
11:30 AM	12:00 PM	Prep for ice	Dressing Room
12:00 PM	1:00 PM	Ice Session	OHTC

### MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
9:05 AM	9:10 AM	Meet at Dressing Rm	Dressing Room
9:15 AM	10:00 AM	Dryland	Field
10:15 AM	10:45 AM	Prep for ice	Dressing Room
10:45 AM	12:00 PM	Ice Session	OHTC
12:15 PM	12:45 PM	Meal	Cafeteria
1:00 PM	1:45 PM	Skills	Curling Rink
2:00 PM	2:15 PM	Snack	Cafeteria
2:45 PM	3:15 PM	Prep for Ice	Dressing Room
3:15 PM	4:30 PM	Ice session	OHTC



PENTICTON. DILWORTH CENTRE.

**RULES AND REGULATIONS:**

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission

