



11-12 ADV. SKILLS AND CONDITIONING SKATER SCHEDULE JULY 29 - AUGUST 3, 2018



NOTES: Schedules subject to change

SOEC = South Okanagan Events Centre

OH Office is located at 201 - 853 Eckhardt Avenue West (East side of SOEC through Gate 2 on 2nd Floor)

SUNDAY

START	END	ACTIVITY	LOCATION
9:00 AM	11:15 AM	Trade Show	Plaza
10:00 AM	10:45 AM	Register	Plaza
11:00 AM	11:15 AM	Roll Call/Move Bags	Plaza
11:30 AM	12:00 PM	Assembly	OHTC
12:05 PM	12:20 PM	Tour Facilities	TBD
12:30 PM	1:00 PM	Meal	Cafeteria
1:10 PM	1:40 PM	Prep for ice	Dressing Room
1:40 PM	2:40 PM	Ice Session	OHTC

MONDAY - FRIDAY

START	END	ACTIVITY	LOCATION
8:00 AM	8:10 AM	Meet at Dressing Rm	Dressing Room
8:15 AM	9:00 AM	Skills	Curling Rink
9:15 AM	9:30 AM	Snack	Cafeteria
9:35 AM	10:05 AM	Prep for ice	Dressing Room
10:05 AM	11:20 AM	Ice Session	OHTC
12:00 PM	12:30 PM	Meal	Cafeteria
12:45 PM	1:30 PM	Dryland	Field
1:50 PM	2:20 PM	Prep for ice	Dressing Room
2:20 PM	3:35 PM	Ice Session	OHTC

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission



PENTICTON. DILWORTH CENTRE.



FOLLOW US ON SOCIAL MEDIA THIS WEEK,
FOR A CHANCE TO WIN
FREE OHG SWAG!
@OKANAGANHOCKEY