



# OKANAGAN HOCKEY CAMPS - KELOWNA



## Specialized Goalie Camp August 17 - 21, 2020

NOTES: SCHEDULE SUBJECT TO CHANGE

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

**\*REGISTRATION WILL TAKE PLACE 60 MINUTES BEFORE THE FIRST MONDAY YOGA SESSION START TIME\***

MONDAY - FRIDAY			
Start	End	Activity	Location
11:15 AM	12:15 PM	Yoga	TBD
12:15 PM	12:45 PM	Lunch	Mini Rink
12:45 PM	1:15 PM	Prep For Ice	Dressing Room
1:15 PM	2:30 PM	Ice Session	CNC 1
2:30 PM	2:45 PM	Change	Dressing Room
2:45 PM	3:30 PM	Dryland	Field 1
3:30 PM	3:45 PM	Snack/Prep For Ice	Dressing Room
3:45 PM	5:00 PM	Ice Session	CNC 2



PENTICTON. DILWORTH CENTRE.

### RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission
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