

# OKANAGAN HOCKEY CAMPS - KELOWNA



**9 - 15 SPECIALIZED GOALIE  
AUGUST 4 - 9, 2019**



**NOTES: SCHEDULE SUBJECT TO CHANGE**

**CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE**

## SUNDAY

Start	End	Activity	Location
12:00 PM	12:30 PM	Register	Capital News Centre
12:30 PM	1:00 PM	Welcome	Mini Rink
1:00 PM	1:30 PM	Prep for Ice	Dressing Room
1:30 PM	2:30 PM	Ice Session	CNC 1

## MONDAY - FRIDAY

Start	End	Activity	Location
10:00 AM	11:00 AM	Dryland	Field 1
11:00 AM	12:00 PM	Yoga	TBD
12:00 PM	12:15 PM	Snack	Lobby
12:15 PM	12:45 PM	Prep For Ice	Dressing Room
12:45 PM	2:00 PM	Ice Session	CNC 2
2:00 PM	2:15 PM	Change	Dressing Room
2:15 PM	2:45 PM	Lunch	Mini Rink
2:45 PM	3:15 PM	Prep For Ice	Dressing Room
3:15 PM	4:30 PM	Ice Session	CNC 1

### RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated