



## 2004-2006 SPEED CAMP SKATER JULY 28-AUG 2, 2019



**Notes:** Schedules subject to change  
Flames Community Arenas  
2390 47 Ave SW, Calgary, AB  
Last ice time on Friday will be a game

### SUNDAY

START	END	ACTIVITY	LOCATION
1:30 PM	2:00 PM	CHECK-IN	LOBBY
2:00 PM	2:15 PM	ORIENTATION	LOUNGE
2:15 PM	2:45 PM	PREP FOR ICE	DRESSING ROOM
2:45 PM	3:45 PM	ICE SESSION	BLUE RINK

### MONDAY-FRIDAY

START	END	ACTIVITY	LOCATION
8:45 AM	9:15 AM	PREP FOR ICE	DRESSING ROOM
9:15 AM	10:30 AM	ICE SESSION	BLUE RINK
10:50 AM	11:35 AM	DRYLAND	FIELD
11:45 AM	12:15 PM	MEAL	LOUNGE
12:30 PM	1:15 PM	Skills	SKILLS CENTER
1:15 PM	1:45 PM	PREP FOR ICE	DRESSING ROOM
1:45 PM	3:00 PM	ICE SESSION	BLUE RINK
3:15 PM	3:25 PM	SNACK	TBD
3:30 PM	4:15 PM	OFF-ICE ACTIVITY	TBD

If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution.

#### RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do Not leave valuables in locker room-OH is not responsible for lost or stolen items.
- #3 Do Not take or use other students equipment or property.
- #4 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Parents may check students out with counsellors permission
- #6 Players are required to bring their own food and water bottles