

## OKANAGAN HOCKEY CAMPS - KELOWNA



9 - 10 Power/Shooters  
JULY 28 - AUGUST 2, 2019



**NOTES: SCHEDULE SUBJECT TO CHANGE**

**CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE**

### SUNDAY

Start	End	Activity	Location
9:45 AM	10:15 AM	Register	CNC Lobby
10:15 AM	10:45 AM	Welcome	Mini Rink
11:00 AM	11:30 AM	Prep for Ice	Dressing Room
11:30 AM	12:30 PM	Ice Session	CNC 2

### MONDAY - FRIDAY

Start	End	Activity	Location
6:30 AM	7:00 AM	Prep For Ice	Dressing Room
7:00 AM	8:15 AM	Ice Session	CNC 2
8:15 AM	8:45 AM	Change	Dressing Room
8:45 AM	9:15 AM	Snack	Lobby
9:15 AM	10:30 AM	Dryland	Field 1
10:30 AM	11:30 AM	Skills	Field 2
11:45 AM	12:15 PM	Lunch	Mini Rink
12:15 PM	12:45 PM	Prep For Ice	Dressing Room
12:45 PM	2:00 PM	Ice Session	CNC 2

### RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission