



DAILY SCHEDULE - SESSION 1
OHC LEARN TO PLAY PROGRAM

NOTE: SCHEDULE SUBJECT TO CHANGE

MONDAY

9:45 AM	10:15 AM	CHECK-IN
10:15 AM	10:30 AM	ORIENTATION (Conference Room)
10:30 AM	11:00 AM	PREP FOR ICE
11:00 AM	12:15 PM	ICE SESSION (Gold)
12:45 PM	1:15 PM	MEAL
1:30 PM	2:30 PM	DAILY PHYSICAL ACTIVITY

TUESDAY - FRIDAY

10:30 AM	11:00 AM	PREP FOR ICE
11:00 AM	12:15 PM	ICE SESSION (Gold)
12:45 PM	1:15 PM	MEAL
1:30 PM	2:30 PM	DAILY PHYSICAL ACTIVITY

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission