

OKANAGAN HOCKEY SCHOOL - KELOWNA



7-8 DEVELOPMENT SKATER SCHEDULE

AUGUST 6 - 11, 2017



NOTES: SCHEDULE SUBJECT TO CHANGE

LAST ICE SESSION ON FRIDAY WILL BE A GAME

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

SUNDAY

Start	End	Activity	Location
9:30 AM	10:00 AM	Register	CNC Lobby
10:00 AM	10:30 AM	Welcome	Mini Rink
10:45 AM	11:15 AM	Prep For Ice	CNC 1
11:15 AM	12:15 PM	Ice Session	CNC 1

MONDAY - FRIDAY

Start	End	Activity	Location
6:45 AM	7:15 AM	Prep For Ice	CNC 1
7:15 AM	8:30 AM	Ice Session	CNC 1
8:45 AM	9:00 AM	Snack	Concession
9:15 AM	10:15 AM	Skills	Field 2
10:30 AM	11:15 AM	Activity	TBD
11:15 AM	11:45 AM	Meal	Practice rink
12:00 PM	12:45 PM	Dryland	Field 1
12:45 PM	1:15 PM	Prep For Ice	CNC 1
1:15 PM	2:30 PM	Ice Session	CNC 1

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission