



DAILY SCHEDULE - SESSION 3

13 - 16 BATTLE CAMP GOALIES

NOTES: SCHEDULE SUBJECT TO CHANGE

OFF-ICE ACTIVITY WILL CHANGE DAILY

SUNDAY

2:45 PM	3:15 PM	CHECK-IN
3:15 PM	3:30 PM	ORIENTATION (Lounge)
3:30 PM	4:00 PM	PREP FOR ICE
4:00 PM	5:00 PM	ICE SESSION (Blue)

If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution

MONDAY - FRIDAY

10:30 AM	11:00 AM	PREP FOR ICE
11:00 AM	12:15 PM	ICE SESSION (Red)
12:15 PM	1:30 PM	GOALIE ICE (BLUE)
1:55 PM	2:25 PM	LUNCH
2:30 PM	3:15 PM	SKILLS
3:30 PM	3:45 PM	SNACK
3:45 PM	4:15PM	DRYLAND / STRETCHING
4:15 PM	4:45 PM	PREP FOR ICE
4:30 PM	5:45 PM	ICE SESSION (Blue)

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission