



DAILY SCHEDULE - SESSIONS 4
11-12 ADVANCED CAMP SKATERS

NOTES: SCHEDULE SUBJECT TO CHANGE

SUNDAY

12:00 PM	12:45 PM	CHECK-IN
12:45 PM	1:00 PM	ORIENTATION (Lounge)
1:00 PM	1:30 PM	PREP FOR ICE
1:30 PM	2:30 PM	ICE SESSION (red)

**If the drop off and pick up times conflict with your schedule please
contact the OHS office (888-844-6611) to discuss a potential solution**

MONDAY - FRIDAY

7:30 AM	8:00 AM	PREP FOR ICE
8:00 AM	9:15 AM	ICE SESSION (BLUE)
9:45 AM	10:30 AM	SKILLS
10:40 AM	10:55 AM	SNACK
11:00 AM	11:45 AM	DRYLAND
12:00 PM	12:30 PM	OFF ICE ACTIVITY
12:45 PM	1:15 PM	LUNCH
1:30 PM	2:00 PM	PREP FOR ICE
2:00 PM	3:15 PM	ICE SESSION (BLUE)

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission