



DAILY SCHEDULE - SESSION 1
9-10 OHS DEVELOPMENT CAMP

NOTES: SCHEDULE SUBJECT TO CHANGE
OFF-ICE ACTIVITY WILL CHANGE DAILY

SUNDAY

1:15 PM	2:00 PM	CHECK-IN
2:00 PM	2:15 PM	ORIENTATION (Lounge)
2:15 PM	2:45 PM	PREP FOR ICE
2:45 PM	3:45 PM	ICE SESSION (Blue)

**If the drop off and pick up times conflict with your schedule please
contact the OHS office (888-844-6611) to discuss a potential solution**

MONDAY - FRIDAY

8:40 AM	9:15 AM	PREP FOR ICE
9:15 AM	10:30 AM	ICE SESSION (Blue)
11:00 AM	11:30 AM	OFF-ICE ACTIVITY
11:45 AM	12:15 PM	MEAL
12:30 PM	1:15 PM	DRYLAND
1:30 PM	2:15 PM	SKILLS
2:30 PM	2:45 PM	SNACK
2:45 PM	3:10 PM	PREP FOR ICE
3:10 PM	3:15 PM	D.I.P.
3:15 PM	4:30 PM	ICE SESSION (Blue)

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission