



DAILY SCHEDULE - SESSION 1
11-12 POWER / BATTLE CAMP SKATERS

NOTES: SCHEDULE SUBJECT TO CHANGE

OFF-ICE ACTIVITY WILL CHANGE DAILY

SUNDAY SCHEDULE

12:00 PM	12:45 PM	CHECK-IN
12:45 PM	1:00 PM	ORIENTATION (Lounge)
1:00 PM	1:30 PM	PREP FOR ICE
1:45 PM	2:45 PM	ICE SESSION (Gold)

If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution

MONDAY - FRIDAY

9:00 AM	9:30 AM	PREP FOR ICE
9:30 AM	10:45 AM	ICE SESSION (Gold)
11:05 AM	11:20 AM	SNACK
11:30 PM	12:15 PM	DRYLAND
12:25 PM	12:55 PM	LUNCH
1:00 PM	1:30 PM	OFF ICE ACTIVITY
1:30 PM	2:00 PM	PREP FOR ICE
2:00 PM	3:15 PM	ICE SESSION (Gold)
3:45 PM	4:30 PM	SKILLS

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission

