



Edmonton Oilers Hockey School Session 1
11 - 12 Oilers Shooters and Scorer Camp
Goalies
July 16- July 21, 2017

NOTES: Schedules subject to change
FACILITY: St. Albert Servus Centre

SUNDAY

| START | END | ACTIVITY | LOCATION |
|---------|----------|-----------------|-------------------|
| 8:00 AM | 8:15 AM | Registration | South Field |
| 8:15 AM | 8:30 AM | Welcome | North Field |
| 8:30 AM | 9:00 AM | Prepare for Ice | Dressing Room |
| 9:00 AM | 10:00 AM | Ice Session | Troy Murray Arena |

If the drop off and pick up times conflict with your schedule please
Contact the OHG Coordinator Sean Beissel 780.903.1515 to discuss a
potential solution

MONDAY – FRIDAY

| START | END | ACTIVITY | LOCATION |
|----------|----------|--------------------------------|--------------------|
| 10:00 AM | 10:45 AM | Dynamic Flexibility / Activity | Go Auto Arena |
| 10:45 AM | 11:15 AM | Prepare for Ice | Dressing Room |
| 11:15 AM | 12:30 PM | Ice Session | Mark Messier Arena |
| 12:30 PM | | Snack | Dressing Room |
| 12:30 PM | 1:30 PM | Goalie Ice | Troy Murray Arena |
| 1:45 PM | 2:15 PM | Meal | Skybox Grill |
| 2:15 PM | 3:15 PM | Skills / Goalie Dryland | Go Auto Arena |
| 3:15 PM | 3:45 PM | Prepare for Ice | Dressing Room |
| 3:45 PM | 5:00 PM | Ice Session | Mark Messier Arena |

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHG is not responsible for lost or stolen items.
- #3 Rule-Do not take or use other student's equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellor's permission