

# OKANAGAN HOCKEY SCHOOL - KELOWNA



## 11-12 POWER BATTLE COMBO GOALIE AUGUST 6-11, 2017



**NOTES: SCHEDULE SUBJECT TO CHANGE**

**LAST ICE SESSION ON FRIDAY WILL BE A GAME**

**CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE**

### SUNDAY

Start	End	Activity	Location
9:30 AM	10:00 AM	Register	CNC Lobby
10:00 AM	10:30 AM	Welcome	Mini Rink
10:30 AM	11:00 AM	Prep For Ice	CNC 1
11:00 AM	12:00 PM	Goalie Ice	CNC 2

### MONDAY - FRIDAY

Start	End	Activity	Location
8:00 AM	8:30 AM	Prep For Ice	CNC 2
8:30 AM	9:45 AM	Ice Session	CNC 2
10:00 AM	10:15 AM	Snack	Concession
10:15 AM	10:45 AM	Dryland	Field 2
10:45 AM	11:15 AM	Prep For Ice	Dressing Room
11:15 AM	12:15 PM	Goalie Ice	CNC 2
12:30 PM	1:00 PM	Meal	Practice rink
1:00 PM	1:30 PM	Stretch	TBD
1:30 PM	2:00 PM	Prep For Ice	CNC 2
2:00 PM	3:15 PM	Ice Session	CNC 2

#### **RULES AND REGULATIONS:**

#1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!

#2 Rule-Do Not leave valuables in locker room-OH is not responsible for lost or stolen items

#3 Rule-Do Not take or use other students equipment or property

#4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated