



DAILY SCHEDULE - SESSION 1

13-16 BATTLE CAMP

**NOTES: SCHEDULE SUBJECT TO CHANGE
OFF-ICE ACTIVITY WILL CHANGE DAILY**

SUNDAY

1:15 PM	2:00 PM	CHECK-IN
2:00 PM	2:15 PM	ORIENTATION (Lounge)
2:30 PM	3:00 PM	PREP FOR ICE
3:00 PM	4:00 PM	ICE SESSION (Gold)

If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution

MONDAY - FRIDAY

10:15 AM	10:45 AM	PREP FOR ICE
10:45 AM	12:00 PM	ICE SESSION (Blue)
12:15 PM	12:40 PM	LUNCH
12:45 PM	1:30 PM	SKILLS
1:35PM	2:20 PM	DRYLAND
2:25 PM	2:35 PM	SNACK
2:35 PM	3:05 PM	OFF ICE ACTIVITY
3:05 PM	3:30 PM	PREP FOR ICE
3:30 PM	4:45 PM	ICE SESSION (Gold)

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission