

OKANAGAN HOCKEY SCHOOL - KELOWNA



9-10 DEVELOPMENT CAMP GOALIE AUGUST 13-18, 2017



NOTES: SCHEDULE SUBJECT TO CHANGE

LAST ICE SESSION ON FRIDAY WILL BE A GAME

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

SUNDAY

| Start | End | Activity | Location |
|----------|----------|--------------|-----------|
| 9:30 AM | 10:00 AM | Register | CNC |
| 10:00 AM | 10:15 AM | Welcome | Mini Rink |
| 10:30 AM | 11:00 AM | Prep For Ice | CNC 2 |
| 11:00 AM | 12:00 PM | Ice Session | CNC 2 |

MONDAY - FRIDAY

| Start | End | Activity | Location |
|----------|----------|--------------|---------------|
| 7:15 AM | 7:45 AM | Prep For Ice | CNC 1 |
| 7:45 AM | 9:00 AM | Ice Session | CNC 1 |
| 9:15 AM | 9:30 AM | Snack | Mini Rink |
| 9:15 AM | 10:00 AM | Skills | Field 2 |
| 10:30 AM | 11:00 AM | Meal | Mini Rink |
| 10:30 AM | 11:00 AM | Prep For Ice | Dressing Room |
| 11:00 AM | 12:00 PM | Goalie Ice | CNC 2 |
| 12:15 PM | 1:30 PM | Ice Session | CNC 1 |
| 1:45 PM | 2:30 PM | Dryland | Field 1 |

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission