



DAILY SCHEDULE - SESSION 4
9-10 POWER/BATTLE CAMP SKATERS

NOTES: SCHEDULE SUBJECT TO CHANGE

SUNDAY

2:30 PM	3:15 PM	CHECK-IN
3:15 PM	3:30 PM	ORIENTATION (Lounge)
3:30 PM	4:00 PM	PREP FOR ICE
4:00 PM	5:00 PM	ICE SESSION (RED)

**If the drop off and pick up times conflict with your schedule please
contact the OHS office (888-844-6611) to discuss a potential solution**

MONDAY - FRIDAY

8:45 AM	9:15 AM	PREP FOR ICE
9:30 AM	10:45 AM	ICE SESSION (BLUE)
11:15 AM	11:30 AM	SNACK
11:45 AM	12:30 PM	SKILLS
12:45 PM	1:15 PM	LUNCH
1:30 PM	2:15 PM	DRYLAND
2:25 PM	2:55 PM	OFF ICE ACTIVITY
3:00 PM	3:30 AM	PREP FOR ICE
3:30 PM	4:45 PM	ICE SESSION (BLUE)

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission