



## **DAILY SCHEDULE - SESSION 3**

### **11 -12 POWER/BATTLE CAMP SKATERS**

**NOTES: SCHEDULE SUBJECT TO CHANGE**

**OFF-ICE ACTIVITY WILL CHANGE DAILY**

#### **SUNDAY**

12:00 PM	12:45 PM	CHECK-IN
12:45 PM	1:00 PM	ORIENTATION (Lounge)
1:00 PM	1:30 PM	PREP FOR ICE
1:30 PM	2:30 PM	ICE SESSION (red)

**If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution**

#### **MONDAY - FRIDAY**

8:45 AM	9:15 AM	PREP FOR ICE
9:30 AM	10:45 AM	ICE SESSION (RED)
11:15 AM	11:30 AM	SNACK
11:45 AM	12:30 PM	SKILLS
12:45 PM	1:15 PM	LUNCH
1:30 PM	2:15 PM	DRYLAND
2:25 PM	2:55 PM	OFF ICE ACTIVITY
3:00 PM	3:30 PM	PREP FOR ICE
3:30 PM	4:45 PM	ICE SESSION (RED)

#### **RULES AND REGULATIONS:**

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission