



## **DAILY SCHEDULE - SESSION 3**

### **9-10 OHS DEVELOPMENT CAMP GOALIES**

**NOTES: SCHEDULE SUBJECT TO CHANGE**

#### **SUNDAY**

2:45 PM	3:15 PM	CHECK-IN
3:15 PM	3:30 PM	ORIENTATION (Lounge)
3:30 PM	4:00 PM	PREP FOR ICE
4:00 PM	5:00 PM	ICE SESSION (Blue)

**If the drop off and pick up times conflict with your schedule please contact the OHS office (888-844-6611) to discuss a potential solution**

#### **MONDAY - FRIDAY**

8:00 AM	8:45 AM	DRYLAND
8:45 AM	9:15 AM	PREP FOR ICE
9:15 AM	10:30 AM	ICE SESSION (Blue)
11:00 AM	11:30 AM	MEAL
11:40 AM	12:15 PM	PREP FOR ICE
12:15 PM	1:30 PM	GOALIE ICE SESSION (Blue)
1:45 PM	2:30 PM	SKILLS
2:30 PM	2:45 PM	SNACK
2:45 PM	3:15 PM	PREP FOR ICE
3:15 PM	4:30 PM	ICE SESSION (Blue)

#### **RULES AND REGULATIONS:**

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items.
- #3 Rule-Do Not take or use other students equipment or property.
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission