

OKANAGAN HOCKEY SCHOOL - KELOWNA



9-10 ADVANCED DEVELOPMENT CAMP GOALIE AUGUST 20-25, 2017



NOTES: SCHEDULE SUBJECT TO CHANGE

LAST ICE SESSION ON FRIDAY WILL BE A GAME

CAPITAL NEWS CENTRE IS LOCATED AT 4105 GORDON DRIVE

SUNDAY

Start	End	Activity	Location
9:45 AM	10:15 AM	Register	Capital News Centre
10:15 AM	10:30 AM	Welcome	Mini Rink
10:30 AM	11:00 AM	Prep For Ice	CNC 2
11:00 AM	12:00 PM	Ice Session	CNC 2

MONDAY - FRIDAY

Start	End	Activity	Location
7:15 AM	7:45 AM	Prep For Ice	CNC 1
7:45 AM	9:00 AM	Ice Session	CNC 1
9:15 AM	9:30 AM	Snack	Mini Rink
9:30 AM	10:00 AM	Skills	Field 2
10:00 AM	10:30 AM	Meal	Mini Rink
10:30 AM	11:00 AM	Prep For Ice	Dressing Room
11:00 AM	12:00 PM	Goalie Ice	CNC 2
12:15 PM	1:30 PM	Ice Session	CNC 1
1:45 PM	2:30 PM	Dryland	Field 1

RULES AND REGULATIONS:

- #1 Rule-Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Rule-Do Not leave valuables in locker room-OHS is not responsible for lost or stolen items
- #3 Rule-Do Not take or use other students equipment or property
- #4 Rule-BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #5 Rule-Parents may check students out with counsellors permission